

AUGUST 2026



HOT LUNCH PROGRAM

MON	TUE	WED	THU	FRI
3 Civic Holiday	4 Italian Beef Bun Beef in marinara sauce on a whole wheat bun, mozzarella, crudités, fruit Veg: Lentil marinara 	5 Sweet and Sour Meatballs Turkey sweet potato meatballs with sweet and sour sauce, garlic herb noodles, crudités, fruit Veg: Cauliflower quinoa balls 	6 Teriyaki Chicken Chicken teriyaki, red peppers and broccoli, rice, fruit Veg: Tofu teriyaki 	7 Chicken Pita Chicken shawarma, pita bread, garden salad, baked good Veg: Falafel 
10 Veggie Fried Rice Egg and vegetable fried rice, broccoli, baked good Vegetarian 	11 Lemon Chicken and Noodles Lemon herb chicken, spinach pesto noodles, green beans, fruit Veg: Sweet potato fritters 	12 Turkey Sausage and Wedges Turkey sausage, roasted potato wedges, garden salad, fruit Veg: Veggie sausages 	13 Soy Ginger Noodle Bowl Soy ginger noodles, chicken and edamame, carrot and cucumber crudités, fruit. Veg: Marinated tofu 	14 Picnic Lunch Chicken cheddar sandwich, crudités, fruit, baked good Veg : Egg salad sandwich 
17 Cheesy Tomato Pasta Parmesan tomato ragu, fusilli, vegetable medley, baked good Vegetarian 	18 Taco Time! Seasoned beef tacos in soft tortilla, rice & seasonal vegetables, fresh fruit Vegetarian: Refried beans taco 	19 Turkey Burger BBQ Turkey burger on a whole wheat bun, slaw, fruit Veg : Meatless burger 	20 Chicken Adobo Chicken adobo, rice, green beans, fruit Veg: Tempeh adobo 	21 Strawberry Sunshine Sandwich Sunbutter and strawberry chia jam sandwich, crudités, fruit, baked good Vegetarian 
24 Garden Picnic Plate Hard boiled eggs, potatoes, green beans, cucumbers and cherry tomatoes with herb vinaigrette, baked good Vegetarian 	25 Italian Beef Bun Beef in marinara sauce on a whole wheat bun, mozzarella, crudités, fruit Veg: Lentil marinara 	26 Sweet and Sour Meatballs Turkey sweet potato meatballs with sweet and sour sauce, garlic herb noodles, crudités, fruit Veg: Cauliflower quinoa balls 	27 Teriyaki Chicken Chicken teriyaki, red peppers and broccoli, rice, fruit Veg: Tofu teriyaki 	28 Chicken Pita Chicken shawarma, pita bread, garden salad, baked good Veg: Falafel 
31 Veggie Fried Rice Egg and vegetable fried rice, broccoli, baked good Vegetarian 	1 Lemon Chicken and Noodles Lemon herb chicken, spinach pesto noodles, green beans, fruit Veg: Sweet potato fritters 	2 Turkey Sausage and Wedges Turkey sausage, roasted potato wedges, garden salad, fruit Veg: Veggie sausages 	3 Soy Ginger Noodle Bowl Soy ginger noodles, chicken and edamame, carrot and cucumber crudités, fruit. Veg: Marinated tofu 	4 Picnic Lunch Chicken cheddar sandwich, crudités, fruit, baked good Veg : Egg salad sandwich 

QUESTIONS? CALL THE KITCHEN AT 226-503-8473